

**Week 1
Regular**

**MacIntosh New Albany E-sysco
MACINTOSH FW 2018-19**

Week at a Glance

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6	Sunday 7
Oct-29, Nov-26, Dec-24, Jan-21, Feb-18, Mar-18	Oct-30, Nov-27, Dec-25, Jan-22, Feb-19, Mar-19	Oct-31, Nov-28, Dec-26, Jan-23, Feb-20, Mar-20	Nov-01, Nov-29, Dec-27, Jan-24, Feb-21, Mar-21	Nov-02, Nov-30, Dec-28, Jan-25, Feb-22, Mar-22	Nov-03, Dec-01, Dec-29, Jan-26, Feb-23, Mar-23	Nov-04, Dec-02, Dec-30, Jan-27, Feb-24, Mar-24
BREAKFAST						
ORANGE JUICE HOT OR COLD CEREAL SCRAMBLED EGGS BACON TOAST OR MUFFIN COFFEE OR TEA MILK	ORANGE JUICE SEASONAL FRESH FRUIT HOT OR COLD CEREAL EGG SANDWICH W/CHEESE COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL SAUSAGE FRENCH TOAST COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL SCRAMBLED EGGS HASHBROWN POTATOES WHITE OR WHEAT TOAST COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL SAUSAGE GRAVY ON BISCUITS MANDARIN ORANGES COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL PANCAKES BACON COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL BAKED EGG OMELET DANISH/TOAST COFFEE OR TEA MILK
Alternates						
COFFEE CAKE	EGG & CHEESE BISCUIT			CORNERED BEEF HASH		
LUNCH						
CHICKEN MONTEREY RICE PILAF PARSLIED CARROTS WHEAT ROLL FROSTED MARBLE CAKE COFFEE OR TEA MILK	GRILLED BEEF STEAK ONION GRAVY MASHED POTATOES PEAS AND SWEET PEPPERS BREAD CHOCOLATE CAKE WITH ICING COFFEE OR TEA MILK	TUNA POTATO CHIP CASS BROCCOLI ROLL/BREAD ASSORTED COOKIES COFFEE OR TEA MILK	HEARTY VEGETABLE SOUP SANDWICH OF CHOICE MACARONI SALAD CRACKERS PUDDING PARFAIT COFFEE OR TEA MILK	OVEN FRIED FISH CRISPY CUBE POTATOES SAVORY CARROTS ROLL/BREAD SHERBET COFFEE OR TEA MILK	HOT ROAST BEEF SAND W/GRAVY ONION RINGS CANTINA CORN BANANAS IN STRAWBERRY GELATIN COFFEE OR TEA MILK	SAVORY ROASTED CHICKEN CORNBREAD STUFFING KEY LARGO VEGETABLES WHEAT ROLL CARROT CAKE COFFEE OR TEA MILK
Alternates						
		CHICKEN NOODLE CASSEROLE				
DINNER						
BEEF POT PIE MIXED GREEN SALAD ITALIAN DRESSING BREAD CREAM PUFF COFFEE OR TEA MILK	BAKED HAM HAM GLAZE TROPICAL SWEET POTATOES CAULIFLOWER AU GRATIN WHOLE WHEAT ROLL/BREAD FRUIT PARFAIT COFFEE OR TEA MILK	SMOTHERED PORK CUTLET GERMAN POTATO SALAD STEWED APPLES RYE BREAD FROSTED BROWNIE COFFEE OR TEA MILK	SLICED TURKEY BREAST MUSHROOM SAUCE MASHED RED SKIN POTATOES WHOLE GREEN BEANS ITALIAN BREAD CHERRY APPLESAUCE GELATIN COFFEE OR TEA MILK	OYSTER CRACKERS CHICKEN CHILI PIMIENTO CHEESE ON WHEAT APPLE CRUMBLE COFFEE OR TEA MILK	POLISH SAUSAGE MACARONI & CHEESE SCALLOPED TOMATOES DRESSING OF CHOICE BREAD CHOCOLATE CREAM PIE COFFEE OR TEA MILK	SLOPPY JOE ON BUN FRENCH FRIES COLE SLAW ICE CREAM COFFEE OR TEA MILK

**Week 2
Regular**

**MacIntosh New Albany E-sysco
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Week at a Glance

Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13	Sunday 14
Nov-05, Dec-03, Dec-31, Jan-28, Feb-25, Mar-25	Nov-06, Dec-04, Jan-01, Jan-29, Feb-26, Mar-26	Nov-07, Dec-05, Jan-02, Jan-30, Feb-27, Mar-27	Nov-08, Dec-06, Jan-03, Jan-31, Feb-28, Mar-28	Nov-09, Dec-07, Jan-04, Feb-01, Mar-01, Mar-29	Nov-10, Dec-08, Jan-05, Feb-02, Mar-02, Mar-30	Nov-11, Dec-09, Jan-06, Feb-03, Mar-03, Mar-31
BREAKFAST						
ORANGE JUICE HOT OR COLD CEREAL SCRAMBLED EGGS BACON TOAST OR MUFFIN COFFEE OR TEA MILK	ORANGE JUICE SEASONAL FRESH FRUIT HOT OR COLD CEREAL EGG SANDWICH W/CHEESE COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL SAUSAGE FRENCH TOAST COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL SCRAMBLED EGGS HASHBROWN POTATOES WHITE OR WHEAT TOAST COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL SAUSAGE GRAVY ON BISCUITS MANDARIN ORANGES COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL PANCAKES BACON COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL BAKED EGG OMELET DANISH/TOAST COFFEE OR TEA MILK
Alternates						
COFFEE CAKE	EGG & CHEESE BISCUIT			CORNERED BEEF HASH		
LUNCH						
BEEF BURGUNDY BUTTERED NOODLES HERBED GREEN BEANS BREAD STRUDEL STICKS COFFEE OR TEA MILK	COUNTRY HAM & BEANS MIXED VEGETABLES CORNBREAD TAPIOCA PUDDING COFFEE OR TEA MILK	LASAGNA SHREDDED GARDEN SALAD DRESSING OF CHOICE GARLIC BREAD ICE CREAM OF THE DAY COFFEE OR TEA MILK	HONEY MUSTARD PORK BAKED SWEET POTATO HERB WINTER VEGETABLES ROLL/BREAD ASSORTED COOKIES COFFEE OR TEA MILK	CHILI DOG W/CHEESE BAKED TATER TOTS CONFETTI COLE SLAW FRUIT PIE COFFEE OR TEA MILK	SAVORY ROASTED CHICKEN CHEESY BROCCOLI RICE WHEAT BREAD OLD FASHIONED BANANA PUDDING COFFEE OR TEA MILK	ROAST BEEF GRAVY SF BAKED POTATO HARVARD BEETS ROLL/BREAD BLACK FOREST CAKE COFFEE OR TEA MILK
DINNER						
VEGETABLE SOUP CHICKEN SALAD CROISSANT POTATO SALAD FROSTED CUPCAKE COFFEE OR TEA MILK	CHICKEN KIEV AU GRATIN POTATOES CANDIED CARROTS ROLL/BREAD BREAD PUDDING COFFEE OR TEA MILK	SALISBURY STEAK ONION GRAVY ROASTED NEW POTATOES SEASONED PEAS DINNER ROLL OR BUN PINEAPPLE UPSIDE DOWN CAKE COFFEE OR TEA MILK	HOT TURKEY SAND W/GRAVY MASHED POTATOES SUCCOTASH CHEESECAKE BAR COFFEE OR TEA MILK	BEER BATTER FISH BAKED POTATO WEDGES GREEN BEANS AMANDINE ROLL/BREAD CHOCOLATE MOUSSE COFFEE OR TEA MILK	BEEF MACARONI CASSEROLE ITALIAN VEGETABLES BREADSTICK CINNAMON PEARS COFFEE OR TEA MILK	HAMBURGER ON BUN LETTUCE AND TOMATO SOUTHERN STYLE BAKED BEANS CREAMY FRUIT SALAD COFFEE OR TEA MILK

**Week 3
Regular**

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Week at a Glance

Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20	Sunday 21
Nov-12, Dec-10, Jan-07, Feb-04, Mar-04, Apr-01	Nov-13, Dec-11, Jan-08, Feb-05, Mar-05, Apr-02	Nov-14, Dec-12, Jan-09, Feb-06, Mar-06, Apr-03	Nov-15, Dec-13, Jan-10, Feb-07, Mar-07, Apr-04	Nov-16, Dec-14, Jan-11, Feb-08, Mar-08, Apr-05	Nov-17, Dec-15, Jan-12, Feb-09, Mar-09, Apr-06	Nov-18, Dec-16, Jan-13, Feb-10, Mar-10, Apr-07
BREAKFAST						
ORANGE JUICE HOT OR COLD CEREAL SCRAMBLED EGGS BACON TOAST OR MUFFIN COFFEE OR TEA MILK	ORANGE JUICE SEASONAL FRESH FRUIT HOT OR COLD CEREAL EGG SANDWICH W/CHEESE COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL SAUSAGE FRENCH TOAST COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL SCRAMBLED EGGS HASHBROWN POTATOES WHITE OR WHEAT TOAST COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL SAUSAGE GRAVY ON BISCUITS MANDARIN ORANGES COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL PANCAKES BACON COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL BAKED EGG OMELET DANISH/TOAST COFFEE OR TEA MILK
Alternates						
COFFEE CAKE	EGG & CHEESE BISCUIT			CORNERED BEEF HASH		
LUNCH						
BAKED CHICKEN THIGH BROWN RICE PILAF HONEY CUMIN GLAZED CARROTS WHEAT BREAD APPLE DUMPLING COFFEE OR TEA MILK	BRAISED SWISS STEAK BAKED POTATO CLUB SPINACH ROLL/BREAD RASPBERRY PARFAIT SQUARE COFFEE OR TEA MILK	FRIED CHICKEN MACARONI & CHEESE GREEN BEANS ROLL/BREAD MANDARIN ORANGE MEDLEY COFFEE OR TEA MILK	CABBAGE ROLL TOMATO SAUCE MASHED POTATOES BUTTERED CORN RYE BREAD BUTTERSCOTCH CREAM TART COFFEE OR TEA MILK	COUNTRY HAM STEAK POTATOES ROMANOFF MIXED SEASONED VEGETABLES WHEAT BREAD ASSORTED COOKIES COFFEE OR TEA MILK	SPAGHETTI WITH MEATBALLS TOSSED GARDEN SALAD BREADSTICK/MARGARINE ITALIAN ICE COFFEE OR TEA MILK	ROAST TURKEY ONION GRAVY APPLE STUFFING SAVORY GREEN BEANS ROLL/BREAD PUMPKIN PIE COFFEE OR TEA MILK
DINNER						
CRISPY PORK LOIN SCALLOPED POTATOES STEWED TOMATOES WHEAT BREAD ASSORTED COOKIES COFFEE OR TEA MILK	SMOKED SAUSAGE PARSLEY NEW POTATOES ONIONS MUSHROOMS PEPPERS BREAD CHOCOLATE CHERRY BAR COFFEE OR TEA MILK	PEPPERONI PIZZA GARDEN VEGETABLE SALAD SPUMONI ICE CREAM COFFEE OR TEA MILK	BEEF STEW STEW VEGETABLES BISCUIT PEACH CRISP COFFEE OR TEA MILK	FISH SANDWICH FRENCH FRIES FRESH BROCCOLI SALAD FROSTED CAKE COFFEE OR TEA MILK	CHICKEN AND DUMPLINGS PARSLIED CARROTS DESSERT OF CHOICE COFFEE OR TEA MILK	BBQ RIBETTES CREAMED CORN CASSEROLE COLE SLAW BREAD ICE CREAM SANDWICH COFFEE OR TEA MILK

**Week 4
Regular**

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Week at a Glance

Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27	Sunday 28
Nov-19, Dec-17, Jan-14, Feb-11, Mar-11, Apr-08	Nov-20, Dec-18, Jan-15, Feb-12, Mar-12, Apr-09	Nov-21, Dec-19, Jan-16, Feb-13, Mar-13, Apr-10	Nov-22, Dec-20, Jan-17, Feb-14, Mar-14, Apr-11	Nov-23, Dec-21, Jan-18, Feb-15, Mar-15, Apr-12	Nov-24, Dec-22, Jan-19, Feb-16, Mar-16, Apr-13	Nov-25, Dec-23, Jan-20, Feb-17, Mar-17, Apr-14
BREAKFAST						
ORANGE JUICE HOT OR COLD CEREAL SCRAMBLED EGGS BACON TOAST OR MUFFIN COFFEE OR TEA MILK	ORANGE JUICE SEASONAL FRESH FRUIT HOT OR COLD CEREAL EGG SANDWICH W/CHEESE COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL SAUSAGE FRENCH TOAST COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL SCRAMBLED EGGS HASHBROWN POTATOES WHITE OR WHEAT TOAST COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL SAUSAGE GRAVY ON BISCUITS MANDARIN ORANGES COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL PANCAKES BACON COFFEE OR TEA MILK	ORANGE JUICE HOT OR COLD CEREAL BAKED EGG OMELET DANISH/TOAST COFFEE OR TEA MILK
Alternates						
COFFEE CAKE	EGG & CHEESE BISCUIT			CORNEB BEEF HASH		
LUNCH						
HAWAIIAN CHICKEN PARSLIED RICE JAPANESE VEGETABLES BREAD ICED COOKIE COFFEE OR TEA MILK	PULLED PORK BBQ SAUCE AMERICAN FRIED POTATOES VEGETABLE BLEND OF CHOICE DINNER ROLL OR BUN FRUIT TART COFFEE OR TEA MILK	BEEF STROGANOFF NOODLES DILL CARROTS ROLL/BREAD POUND CAKE W/BERRIES COFFEE OR TEA MILK	TURKEY AND DUMPLINGS SEASONED PEAS ROLL/BREAD PEANUT BUTTER BROWNIE COFFEE OR TEA MILK	SEAFOOD PLATTER HUSHPUPIES CHUCKWAGON CORN CITRUS TWIST TRIFLE COFFEE OR TEA MILK	CHICKEN TENDERS BAKED POTATO BROCCOLI W/CHEESE SAUCE BREAD FRUIT COBBLER COFFEE OR TEA MILK	POT ROAST ONION GRAVY HERB ROASTED POTATOES CHEF CUT SPRING VEGETABLES ROLL/BREAD ASSORTED PIES COFFEE OR TEA MILK
DINNER						
MEATLOAF MASHED RED SKIN POTATOES MIXED VEGETABLES ROLL/BREAD CHOCOLATE CAKE WITH ICING COFFEE OR TEA MILK	HEARTY VEGETABLE SOUP DELI HOAGIE LETTUCE AND TOMATO MUSTARD POTATO SALAD OREO PUDDING COFFEE OR TEA MILK	BREAKFAST CASSEROLE HASHBROWN PATTY LEMON BUTTERED BROCCOLI MANDARIN ORANGE GELATIN COFFEE OR TEA MILK	HERBED PORK LOIN ROASTED NEW POTATOES BAVARIAN RED CABBAGE BREAD LEMON PUDDING PARFAIT COFFEE OR TEA MILK	CHEESEBURGER ON BUN BAKED STEAK FRIES GREEN BEAN SALAD ICE CREAM SUNDAE COFFEE OR TEA MILK	CHILI WITH CHEESE PEANUT BUTTER & JELLY SANDWICH TOSSED SALAD DRESSING OF CHOICE PEAR A LA CREAM COFFEE OR TEA MILK	FRENCH ONION SOUP TURKEY SANDWICH ON WHEAT RELISH PLATE POTATO CHIPS CHOCOLATE CHIP COOKIE COFFEE OR TEA MILK
Alternates						
		HAM AND CHEESE QUICHE				