

SEPTEMBER 2019

West Park Care Center, Memory Care

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1	2	3	4	5	6	7
9:15 Daily Chronicles-MC	9:15 Daily Chronicles-MC	9:15 Daily Chronicles-MC	9:15 Daily Chronicles-MC	9:15 Daily Chronicles-MC	9:15 Daily Chronicles-MC	
9:15 Daily Chronicles-MC	10:00 Exercise-Act	10:00 Exercise-Act	10:00 Exercise-Act	10:00 Exercise-Act	10:00 Exercise-Act	9:15 Daily Chronicles-MC
10:30 Current Events & Coffee-Act.	10:30 Coffee & Wheel of Fortune- Act.	10:30 Coffee & Piano-Act	10:30 Coffee & Brain Teasers- Act	10:30 Coffee & Piano-Act	10:30 Coffee & Trivia-Act	10:00 Coffee & Nails-Act.
2:00 Church Service-Act	11:15 Trivia-MC	11:15 Aroma Therapy-MC	11:15 Mind Jogger Cards-MC	11:15 Bean Bag Toss-MC	11:15 Balloon Ball-MC	2:00 Bingo-Act
	1:15 Word Puzzles-MC	1:15 Matching Game-MC	1:15 Music Trivia- MC	1:15 Reminsicing Cards-MC	1:15 Mind Jogger Cards-MC	
	2:00 Jack Pot-Act	2:00 Bingo-Act	2:00 Nails-Act	2:00 Bowling or Music Entertainment-Act	2:00 Bingo-Act	
	2:00 Table Top Bowling-MC	2:00 Trivia-MC	3:30 Balloon Ball Act	3:30 Coffee & Socializing-Act	2:00 Table Top Bowling-MC	
	3:30 Balloon Ball Act	3:30 Coffee & Coloring-Act	4:00 Coffee-Act.	4:30 Freshen Up	3:15 Popcorn or Snack-Act.	
	4:00 Coffee-Act.	4:30 Freshen Up	4:30 Freshen Up	4:30 Freshen Up	4:30 Freshen Up	
	4:30 Freshen Up					

MC-Memory Care Unit Act.-Activity Room