

MARCH 2020

West Park Care Center, Memory Care

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------------|--------------------------------------|--------------------------|----------------------------------|---|---------------------------|---------------------------|
| 9:15 Daily Chronicles-MC | 9:15 Daily Chronicles-MC | 9:15 Daily Chronicles-MC | 9:15 Daily Chronicles-MC | 9:15 Daily Chronicles-MC | 9:15 Daily Chronicles-MC | 9:15 Daily Chronicles-MC |
| 10:30 Current Events & Coffee-Act. | 10:00 Exercise-Act | 10:00 Exercise-Act | 10:00 Exercise-Act | 10:00 Exercise-Act | 10:00 Exercise-Act | 10:00 Exercise-Act |
| 2:00 Church Service-Act | 10:30 Coffee & Wheel of Fortune-Act. | 10:30 Coffee & Piano-Act | 10:30 Coffee & Brain Teasers-Act | 10:30 Coffee & Piano-Act | 10:30 Coffee & Trivia-Act | 10:00 Coffee & Nails-Act. |
| 3:30- Coffee& Coloring MC | 11:15 Trivia-MC | 11:15 Aroma Therapy-MC | 11:15 Mind Jogger Cards-MC | 11:15 Bean Bag Toss-MC | 11:15 Balloon Ball-MC | 2:00 Bingo-Act |
| 4:30 Freshen Up-MC | 1:15 Word Puzzles-MC | 1:15 Matching Game-MC | 1:15 Music Trivia-MC | 1:15 Reminsicing Cards-MC | 1:15 Mind Jogger Cards-MC | 2:00 Coffee & Reading |
| 6:30 Movie | 2:00 Jack Pot-Act | 2:00 Bingo-Act | 2:00 Nails-Act | 2:00 Bowling or Music Entertainment-Act | 2:00 Bingo-Act | 3:30 Bingo-MC |
| | 2:00 Table Top Bowling-MC | 2:00 Crafts-MC | 2:00 Bingo-MC | 3:30 Balloon Ball-Act. | 2:00 Table Top Bowling-MC | 4:30 Freshen Up-MC |
| | 3:30 Coffee & Socializing-Act | 3:30 Balloon Ball Act. | 3:30 Coffee & Coloring-Act | 4:00 Coffee-Act. | 3:30 Coffee & Snack-Act. | 6:30 Movie-MC |
| | 4:30 Freshen Up-MC | 4:00 Coffee -Act. | 4:30 Freshen Up-MC | 4:30 Freshen Up-MC | 4:30 Freshen Up-MC | |
| | 6:30 Reminiscing-MC | 4:30 Freshen Up-MC | 6:30 Movie -MC | 6:30 Aroma Therapy-MC | 6:30 Reminiscing-MC | |
| | | 6:30 Coloring-MC | | | | |

MC-Memory Care Unit Act.-Activity Room