



Sunday
1

Rounds
Resounding Day!

Kindness act: Lend an ear to a friend by phone
9:30 Second cup and chat in the garden
10:00 Catholic Mass on channel 13
10:30 Rock City Church on channel 6
11:30 Grab some shades and enjoy the sunshine
1:30 Classic movies on channel 55
4:30 Heart+Soul Garden stroll+hear birds sing
5:00 Garden Meditation..it's good for the soul



Monday
2

Myrna Loy
born in
1905!

9:30 Spreadin Good in the Neighborhood

10:00 Chess Club with Chuck

11:00 Heart and Soul Garden Stroll

11:30 Euchre Club

1:30 Drinks and Black Jack

2:00 Mood Boosting visits with Janet

2:30 Zentangle Color, it soothes the soul

3:30 "We are Berry Thankful 4 U" patio social

4:30 Summer Bingo Bash in the garden



Tuesday
3

Domestic Diva
Martha Stewart
Born in
1941!

10:00 Chess Club with Chuck

11:00 The Price is Right channel 10

11:30 Euchre Club

1:30 Rosary with Larry

1:30 Crazy Eights Special

2:30 "Watermelon Crawl"+Watermelon tasting

3:30 Live Ent. with Trumpet tunes of Joanna

4:30 Bullseye water balloon toss in the garden

Wednesday
4

Louis
Armstrong born
in 1901!



Wacky Wednesday, Dress in your wackiest

10:00 2nd Cup+Pastries down by the Riverside

11:30 Heart and Soul Nature Stroll

1:30 Skip Bo fun

2:00 Wacky Happy Hour + Wacky Parade

2:30 Mood Boosting visits with our Bestie Janet

3:30 Chess Club with Chuck

4:00 Darts and afternoon drinks

4:30 Ping Pong Poker challenge

<p>Thursday 5 American Band Stand 1st aired in 1957</p>	<p>The 50's are Back Attack A Very Happy Birthday to John 10:00 Chess Club with Chuck 11:00 Heart and Soul garden stroll 11:30 Games 1950's style 1:30 American Band Stand+1950's candy 3:30 Dance off and Parade 1950's Style 4:30 1950's where in the heck have you been?</p>
<p>Friday 6 Lucille Ball born in 1911!</p>	<p>8:00 Personal shopping for you 9:30 Heart and Soul garden stroll 10:00 Chess Club with Chuck 10:30 Friday doughnut club 11:30 Bird Watching in the garden 2:30 Have a "BALL" at our "Chocolate" social 3:00 Cash Cab Lucy Trivia on the patio 4:00 Classic Lucy on channel 38</p>
<p>Saturday 7 "The Greater the Storm the Brighter the Rainbow" Wear your Yellow and Shine Today</p>	<p>Kindness act: Smile and Say Hello to all 9:00 Earth Odyssey with Dylan on channel 4 10:00 2nd Cup and Chat in the garden 11:30 Heart and Soul garden stroll 1:30 Saturday Matinee on channel 55 2:30 Beginners Chess with Clem 3:30 Window Shopping on channel 11 4:30 Bird Watching crew in the garden 7:00 Tip of Yo Tongue Trivia on channel 10</p>
<p>Sunday 8 The 8th day of the 8th month!</p> 	<p>8:00 Current Events with Willie Geist channel 4 9:30 Ask a friend to play Crazy 8's 10:00 Catholic Mass on channel 13 10:30 Rock City Church Services on channel 6 11:30 Garden Meditation....so good for the soul 1:30 Beginners Chess w/resident volunteer Clem 2:30 Heart and Soul eight minute garden stroll 3:30 Read a Good Book in the garden</p>





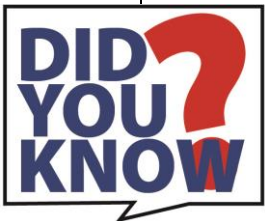
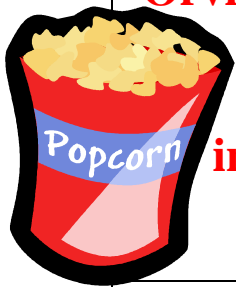
<p>Monday 9 Betty Boop debuted in 1930! Boop-Oop-A-Doop Day</p>	<p>9:30 Rise and Shine with Shelia 10:30 Chess Club with Chuck 11:30 Euchre Club 1:30 Afternoon drinks and The 500 Club 2:00 Visits with our wonderful friend Janet 2:30 August Birthday Party with musical ent. by Wilma, who will Tickle the Ivories and Sing 4:30 Po-Keno Bash for Cash....Do U Feel Lucky</p>
<p> Tuesday 10 Lazy Day Put on your comfiest PJs, curl up with a good book or movie</p>	<p>All Day Pajama Day...relax+wear yours today 10:00 Chess Club with Chuck 10:30 Take a fresh air nap in the shade 11:30 A relaxing game of Euchre with friends 1:30 Soothing Holy Rosary with Larry 2:00 P.J. Party, Parade and Pillow fight 2:15 A relaxing visit with Janet 3:30 Close your eyes+play some relaxing Jazz</p>
<p>Wednesday 11 Elvis Week The King of Rock N Roll</p>	<p>9:30 Morning greetings with Shelia 10:30 "Elvis Sighting" can u find him at the Mill 11:00 Heart and Soul garden stroll 11:30 "All Shook Up" Name that tune contest 1:00 Adventure Bus "Motts Military Museum" 2:30 Classic Movie on channel 55 3:30 A puzzling chat with friends 4:30 Bird Watching crew in the garden</p>
<p>Thursday 12 Cool Treats Day</p> <p></p>	<p>9:30 Spreadn Good in the Neighborhood 10:00 Chess Club with Chuck 10:30 Nature Retreat in the garden 11:00 The Price is Right on channel 10 11:30 Euchre Club 2:30 Facials with Cool Cucumbers in the garden 3:30 Ice Cream Social.....get it while its cold 4:30 Fun with Deano...Baby its Cold outside☺</p>



<p>Friday 13 Dog Days of Summer</p>	<p>8:00 Personal shopping for you 10:00 Chess Club with Chuck 10:30 Friday doughnut club 11:30 Euchre Club 1:30 Cloud Gazing, is it a dog, a plane or? 2:00 Welcoming visits with Janet 2:30 Good Fur U Pupsicles on the patio 3:30 Animal Planet on channel 60</p>
<p>Saturday 14 Steve Martin born in 1945!</p>	<p>Kindness act: Ask someone how their day is 9:00 Earth Odyssey with Dillan on channel 4 10:00 2nd Cup and Chat in the garden 11:30 Heart and Soul garden stroll 2:30 Beginners chess class with Clem 3:30 A puzzling chat with friends 4:30 Bird Watching crew in the garden 5:30 Current Events</p>
<p>Sunday 15 In 1877 Thomas Edison coined the phrase “Hello”</p>	<p>8:00 Current events with Willie Geist channel 4 10:00 Catholic Mass on channel 13 10:30 Rock City Church services on channel 6 11:30 Soul Hydration in the garden 2:30 Turn on some music and cut a rug 3:30 Bird Watching in the garden 4:30 Feel Good Movies on channel 23 5:30 Pull out some cards and play solitaire</p>
<p>Monday 16 Happy Birthday Kathie Lee Gifford born in 1953</p>	<p>9:30 Morning greetings with Shelia 10:30 Chess Club with Chuck 11:00 Mind Bender games on channel 10 11:30 Euchre Club 12:30 Lunch Time Lotto.....R U Lucky? 1:30 Adventure Bus: Farmers Market 2:00 Warm visits with Janet 2:30 Soul Hydration club in the garden 3:30 Master Jigsaw Puzzlers</p>



<p>Tuesday 17 Robert DeNiro was born in 1943</p>	<p>10:30 Chess Club with Chuck 11:00 Mood Booster games on channel 10 11:30 Euchre Club 1:30 Holy Rosary with Larry 1:30 Card Sharks with friends 2:30 Heart and Soul garden stroll 3:30 Build your own Fruit Kabob on the patio 4:30 Afternoon drinks and Tissue Relay</p>
<p>Wednesday 18 Patrick Swayze's Birthday Born in 1952</p>	<p>10:00 Chess Club with Chuck 11:00 Morning Movie, Dirty Dancing w/Patrick No one puts Baby in a corner 11:30 Euchre Club 1:30 How to have fun by getting into Trouble 2:00 Resident vs Staff Chair Volleyball contest 3:30 Strolling Brown Cows with Shelia 4:30 Po-Keno party with friends 5:00 In the know with Cash Cab Trivia</p>
<p>Thursday 19 Orville Wright was born in 1871!</p>	<p>9:30 Morning greetings with Shelia 10:00 Chess Club with Chuck 11:00 Euchre Club 12:30 Veterans Club Pizza Luncheon 2:30 Willy Wonka Thursday Our Clubhouse on wheels will stop by to drop off some Willy Wonka candy as a way for us to say thanks for being such SWEET residents 3:30 Fresh popped popcorn+drinks on the patio</p>
<p>Friday 20 Happy Birthday to Connie Chung born in 1946</p>	<p>8:00 Personal Shopping 9:30 Spiritual Retreat in the garden 10:00 Chess Club with Chuck 10:30 Friday doughnut club 11:30 Euchre Club 2:00 Friendly visits with Janet 2:30 Frozen Yogurt on the patio 3:00 At the Fair: Guess the weight and Pie in the Face contest</p>





Saturday

21

President

**Ronald Reagan
declared today as
National Senior
Citizens Day in
1988**

Kindness act: Send a happy card to someone

9:00 Earth Odyssey with Dillan on channel 4

10:00 2nd Cup and Chat in the garden

11:00 Soak up some sunshine in the garden

11:30 Heart and Soul garden stroll

1:30 Beginners chess club with Clem

2:30 Uplifting movie on channel 23

3:30 A puzzling chat with friends



Sunday

22

**Be an Angel Day!
Do one nice thing
for someone else
today!**

8:00 Current events with Willie Geist channel 4

9:30 Spiritual Retreat in the garden

10:00 Catholic Mass on channel 13

10:30 Rock City Church Services on channel 6

11:30 Check in on a friend it's good for the soul

2:30 Heart and Soul garden stroll

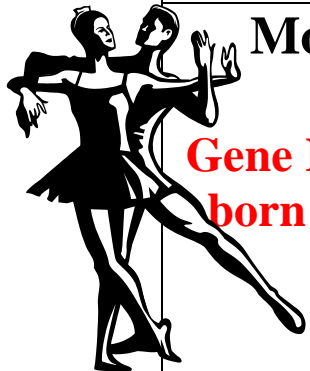
3:30 Afternoon movie on channel 55

4:30 A puzzling chat with friends

Monday

23

**Gene Kelly was
born in 1912!**



10:30 Chess Club with Chuck

11:00 Heart and Soul garden stroll

11:30 Euchre Club

1:30 Dominoes

2:30 Sing a Long with Janet

and Name That Tune Trivia

Kick up your heels + dance, dance, dance,

3:30 Ice Cream Sundaes on the patio+chat

Tuesday

24

**If the 24th of
Aug. be fair and
clear, then hope
for a
prosperous
Autumn year**

A Very Happy Birthday to Bill H.

10:00 Chess Club with Chuck

10:30 Cloud Gazing in the garden

11:00 The Price is Right on channel 10

11:30 Euchre Club

1:30 Holy Rosary with Larry

1:30 Afternoon drinks and Jenga challenge

2:30 Food Club meeting

3:30 Peaches and Cream social on the patio

4:00 Meeting at the Mill in the garden



**Wednesday
25**
**A Very Happy
Birthday
To
Sean Connery**

9:30 Spreadin Good in the Neighborhood
10:30 Chess Club with Chuck
11:00 Cloud Gazing in the court yard
11:30 Euchre Club
2:00 Warm afternoon visits with Janet
2:30 Shakin Not Stirred Mixer with
1st time entertainment by: The 3 Man Band
4:30 Life is like a bowl of Cherry-Popsicles fun



**Thursday
26**
**Toilet Paper
was invented
in
"580 A.D."**

9:30 Stoppin by to say "Hi" with Shelia
10:00 Chess Club with Chuck
10:30 Fresh air stroll in the garden
11:00 The Price is Right on channel 10
11:30 Euchre Crew
2:30 Pet a Pooch visits with Therapy dogs
3:30 White Pretzel Party in the garden
4:30 Toilet Paper stacking contest in the garden

**Friday
27**
1st Kiss Day
**Popeye and
Olive Oyl
had their 1st kiss
in 1929**


8:00 Personal shopping
10:00 Chess Club with Chuck
10:30 Friday doughnut club
11:30 Euchre Crew
1:30 Huge Scrabble on the Wall challenge
2:30 Happy Hour on the patio
3:30 Do U recall your 1st kiss...plus a sweet treat
4:30 Heart and Soul garden stroll



**Saturday
28**
**In 1922 the
1st Radio
Commercial
aired!**

Kindness act: Jot down 5 things u r thankful for
9:00 Earth Odyssey with Dillan on channel 4
9:30 2nd Cup and chat in the garden
10:30 Heart and Soul garden stroll
11:30 Window shopping on channel 11
1:30 Beginners Chess w/resident volunteer Clem
2:30 Bird Watching Club in the garden
3:30 Master Jigsaw Puzzlers



<p>Sunday 29 Ingrid Bergman was born in 1915! Wow she would be 106 today</p>	<p>8:00 Current Events with Willie Geist on ch. 4 9:30 Spiritual Retreat in the garden 10:00 Catholic Mass on channel 13 10:30 Rock City Church Services on channel 6 11:30 Feel Good Shows on channel 38 2:30 Soul Hydration Club in the garden 3:30 Heart and Soul garden stroll 4:30 A puzzling chat with friends</p>
<p>Monday 30 Shirley Booth (Hazel) Was born in 1898!</p>	<p>9:30 Morning greeting with Shelia 10:30 Chess Club with Chuck 11:00 Mood Boosting games on channel 10 11:30 Euchre Crew 1:30 The 500 Club 2:00 Friendly visits with Janet 2:30 Strolling ice cream cart with Shelia 3:30 An afternoon with Hazel and Maid Parade</p>
<p>Tuesday 31</p> 	<p>9:30 Stopping by to say "Hi" with Shelia 10:00 Adventure Bus ride with a morning stroll Down by The Riverside 11:00 A puzzling chat with friends 1:30 Holy Rosary with Larry 1:30 Crazy Eights crew 2:30 Strolling Lemonade Shake Ups with Shelia 3:30 Fabulous Bingo Bash for cash 4:30 Joggin Yo Noggin Trivia challenge</p>



**Yesterday is a canceled check.
Tomorrow is a promissory note.
Today is the only cash you have.
So Spend It Wisely
~Kay Lyons**

